

ISSUE??

Raise Your Voice

**Call or Write Your FEDERAL Representatives
to Let Them Know About
the Issues That Are Important to YOU**

**US Capitol Switchboard:
202-224-3121**

**US Senate
Washington, DC 20510
www.senate.gov**

**US House of Representatives
Washington, DC 20515
www.house.gov**

**White House Comment Line:
202-456-1111**

**White House Switchboard:
202-456-1414**

**The White House
1600 Pennsylvania Ave, NW
Washington, DC 20500
www.whitehouse.gov/contact**

Contact "How to"

**The staffer who answers your call or email
needs to know:**

- Are you a constituent?
- What ACTION are you requesting?
- Do you want a response?
- If writing a letter, use "The Honorable (Name),"

Sample Script

"Hello. This is Jane Doe, and I live in your district at (your address). I am calling/writing to urge you to support/oppose/cosponsor (describe/name bill or issue). This is important to me because, (your reason). I (do/do not) need a response. Thank you for considering my views."