## "CULTURE WARS" getting you down?



**STOP** a minute and ask yourself:

- Does this message HARM a vulnerable person or group?
- Is someone trying to **scare me** or make me **angry**?
- Can I make sure this is accurate information? Reliable source?
- Do I see this happening in my community?
- Have I **experienced this myself?** To someone I know?
- Is the message a **bot**, spreading an anti-democratic idea?
- Does this issue even belong in a political discussion; is it just a trivial issue that bad actors are using to divide us?



If you feel the message may be false or misleading, be part of the <u>solution:</u>

Don't share!





