

# Diversity & Inclusion Terminology

## Ally

Noun: Advocates for people from underrepresented or marginalized groups. An ally takes action to support people outside of their own group.

#### Emotional Tax

**Noun:** The combination of being on guard to protect against bias, feeling different at work, and the associated effects on health, well-being, and ability to thrive.

### Equity

Noun: Working toward fair outcomes for people or groups by treating them in ways that address their unique advantages or barriers.

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Equality

Noun: Treating everyone the same way, often while assuming that everyone also starts out on equal footing or with the same opportunities.

## Intersectionality

**Noun:** The intertwining of social identities such as gender, race, ethnicity, religion, sexual orientation, which can result in unique experiences, opportunities, & barriers.



#### **Unconscious Bias**

Noun: An implicit association, whether about people, places, or situations, which are often based on mistaken, inaccurate, or incomplete information.



For more information on diversity and inclusion, visit us at **www.diversitygroup.org** Source: https://www.catalyst.org/2019/05/30/12-diversity-inclusion-terms-you-need-to-know/